

# NCWIN Luncheon Meal Choices and Descriptions\*

*Please see the selection offered for the month you are registering as we rotate these meals each month.*

## **Beyond© Pasta Bolognese (vegan)**

mushrooms + roasted garlic + caramelized onion, Beyond© meat, tomato marinara, basil

## **Buffalo Chicken Wrap with fries**

Fried chicken + shredded lettuce + tomato + cheese + buffalo sauce + ranch

## **Buddha Bowl (vegan)**

toasted quinoa, roasted sweet potatoes, spiced chickpeas, pickled onions, avocado, sauteed kale, lemon tahini sauce

## **Chicken Quesadilla with side salad**

Bacon + Pepper Jack Cheese + Onions + Peppers Served with Tortilla Chips + Salsa + Sour Cream

## **Cobb Salad with or without chicken**

Romaine + Tomato + Hard Boiled Egg + Bacon + Blue Cheese + Avocado + Chicken

## **French Dip Sandwich with side salad**

Au Jus + Horseradish + Served on Roll French

## **Kung Pao Cauliflower (vegan)**

roasted cauliflower, sweet peppers, onion, crushed peanuts, scallions, rice, chile garlic glaze

\*No substitutions allowed